



All contraceptives carry the risk of side-effects which can include:

- Mood swings. Depressive moods. Headache. Nausea.
- Abdominal pain. Breast pain or sensitive breasts.
- Abnormal uterine bleeding, spotting, irregular, altered or heavier menstrual bleeding. Weight gain. Dizziness.
- Changes in libido. Diarrhea. Fatigue. Headache or migraine. Nausea and vomiting.

For more information on our full range of contraceptives and prices.
Contact Lasheena Forde
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OUR MISSION
TO SERVE AND
EMPOWER PEOPLE
WITH THEIR SEXUAL
AND REPRODUCTIVE
HEALTH AND RIGHTS.

Did you know that the BFPA works in partnerships with other health providers and companies, to provide specialist services?
Contact us to learn more.

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CONTRACEPTIVE PRODUCTS



Norigynon Injection can be used as a contraception, for irregular, painful or heavy periods and other conditions. It works by altering the lining of the uterus and inhibiting ovulation.



Noristerat injection is a depot contraceptive that is given into the muscle of the buttock. The injection forms a reservoir of norethisterone in the muscle, which is then continuously released into the bloodstream over a period of eight weeks.



Norlevo levonorgestrel belongs to the family of medications known as progestins. Progestins are female sex hormones that are used in birth control pills and often in combination with the hormone estrogen.

Mifepristone also known as RU-486, is a medication typically used in combination with misoprostol, to bring about an abortion. This combination is more than 95% effective during the first 50 days of pregnancy. It is also effective in the second trimester of pregnancy.

The birth control shot (sometimes called Depo-Provera, the Depo shot, or DMPA) contains the hormone progestin. Progestin stops you from getting pregnant by preventing ovulation. When there's no egg in the tube, pregnancy can't happen. It also works by making cervical mucus thicker.



Microgynon 28 is a contraceptive medicine (a "pill"). Each active tablet contains a small amount of two different female sex hormones, i.e. levonorgestrel and ethinylestradiol. Pills containing two hormones are called combined pills. Microgynon 28 is also called a low-dose pill, as it contains only a small amount of hormones.

Exluton is an oral contraceptive to prevent pregnancy. Exluton contains only one female sex hormone, the progestogen lynestrenol. Exluton is also great for breast feeding mothers.



"IUDs are one of the best ways to prevent pregnancy, and they last for years. You can get it, forget it, and still be protected." International Planned Parenthood Federation

